

## Volunteering

As everyone is aware Covid 19 is causing major disruption to the lives of increasing numbers of people across the country and particularly in central London and this situation can be expected to get worse in the coming weeks.

It is vitally important, as well as our Christian duty, to continue to act together to sustain and uphold community life.

We are in contact with Westminster City Council and other agencies, and WCC has lots of up-to-date information on its website regarding the latest national and local situation and we encourage everyone to keep themselves informed by regularly checking these pages and sharing the information with friends, family and other networks.

Many local councils are in the process of setting up groups that can offer practical help to those that have to self-isolate, with particular emphasis on the many people who fall into the over 70s category.

We have already had a number of people volunteer to help but if you are well and able to help please let us know.

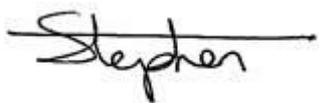
Offers of neighbourliness are much appreciated by those who are housebound, those who may be fearful that they may not be able to cope with everything by themselves, and those who just need a cheerful chat on the phone.

If you can do so, even if you are not able to volunteer your help, please check with your neighbours to see if all is well, and maybe offer to do a little extra shopping alongside your own, collect a prescription or post a letter, etc.

If you can help, or if you need help please contact us: [parishoffice@stmarylebone.org](mailto:parishoffice@stmarylebone.org), 020 79357315

*I was hungry and you gave me food; I was thirsty and you gave me drink; I was a stranger and you took me in; I was naked and you clothed me; I was sick and you visited me; I was in prison and you came to me. Matthew 25.35 -36*

Thank you,



The Revd Canon Dr Stephen Evans  
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